

RiseBoro ANNUAL REPORT

JULY 1, 2018-JUNE 30, 2019

RISEBORO RESPONDS





Although the COVID-19 pandemic did not happen during the timeframe of this report, I would be remiss to not mention the profound impact it has had on RiseBoro and the communities we serve. It has been heartbreaking to see the burden of the crisis fall disproportionately on those who are least able to bear it. It has been maddening to watch structural racism and historical inequity determine the winners and losers of this real-time life and death battle. RiseBoro has adapted to meet the emerging need in many ways, and you can learn more about our response here. Now more than ever, we are grateful for and dependent on the support of all our friends and stakeholders.

Acott Short

A LETTER FROM OUR CEO,

Scott Short



Dear Friend and Community Partner,

RiseBoro Community Partnership unleashes the potential of communities to thrive, no matter the odds, by offering services designed to meet the economic and social needs of people across New York City. A pioneer in community development, **RiseBoro** reaches across generations—serving over 36,000 individuals a year with innovative programs that support seniors, empower youth, and create healthy, vibrant neighborhoods with an engaged community fabric.

RiseBoro was founded in 1973 as a senior services organization and quickly grew to become much more. Today, we are one of New York City's premier multiservice agencies with 80+ programs across divisions of **Housing**, **Seniors**, **Empowerment**, **Education**, and **Health**. This growth continued in 2019 with significant expansions to our housing development portfolio and the rollout of innovative new initiatives designed to connect people to the resources they need to lift themselves out of poverty.

2019 saw the conclusion of the inaugural **RiseBoro** Impact Competition (RIC), through which we challenged staff to design new solutions to meet community needs. We are proud to announce our winner: Ann Donaldson of RiseBoro's senior case management team! Ann's entry, Esperanza Counseling Services, will bring in-home counseling to homebound seniors who are struggling with depression. Over the next year, **RiseBoro** will provide Ann with \$20,000 in startup funding as well as assistance from our **Community Affairs** team to design and launch this exciting new program.

This year, we would like to give special recognition to the contributions of our infrastructure staff. The hard work of our **Human Resources**, **Finance & Accounting**, **IT**, **Legal/Compliance/Risk Management**, and **Community Affairs** teams, which often happens outside the spotlight, is crucial to **RiseBoro's** continued growth and success.

On behalf of all of us at **RiseBoro**, thank you for the support you have given us over the last year. 2019 brought new challenges, opportunities, and successes, and we are excited to continue building the power of our community to effect positive change.

In partnership,

Scott Short

Chief Executive Officer,

Acott float

RiseBoro Community Partnership

The Divisions and Functional Areas of RiseBoro



RB Education

By The Numbers



5,783

youth served



2,061

youth enrolled in workforce development programming



94%

of our High School graduates enrolled in college



76%

of adults in HSE classes achieved diplomas



655

adult literacy program attendees

RB Education offers youth and adults the space, skills and support, both social and emotional, they need, with programs and workshops on career development, arts, language, recreation and more.

RB Education Division Partners with SQA Foundation to Bring Digital Literacy to RiseBoro's Adult Population

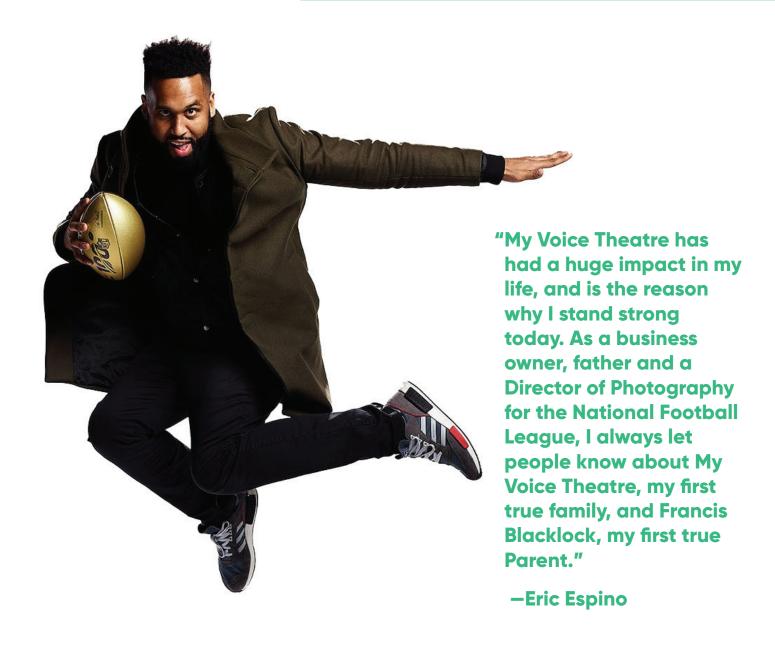


SQA EDUCATION

The Education Division partnered with SQA Foundation, a non-profit organization, allowing us to incorporate the innovative Tech Lab course into our adult ESOL curriculum. Tech Lab is a blended learning course, with both in-person and online components, which leverages technology and innovation to promote achievement and social transformation. The partnership project includes the teaching of computer skills and Google Tools as well as preparation for employment and professional growth.



Success Story: Eric Espino



Eric Espino had a difficult life, from growing up in Bed Stuy during the drug epidemic of the late 1980's, to his adolescent years when his family was still living in public housing to dealing with the fear of dying from violence in his neighborhood. When he entered Junior High School he met a guidance counselor, Francis Blacklock, the man he says changed his life.

Read more about Eric's Story <u>here.</u>

RB Empowerment

By The Numbers



jobs secured



150

individuals rehoused to the community



1,450

evictions prevented



724

households received direct financial assistance



1,828

households enrolled in SNAP

RB Empowerment addresses

long-standing issues such as homelessness and unemployment by providing community members with resources such as workforce development and homelessness prevention programs.

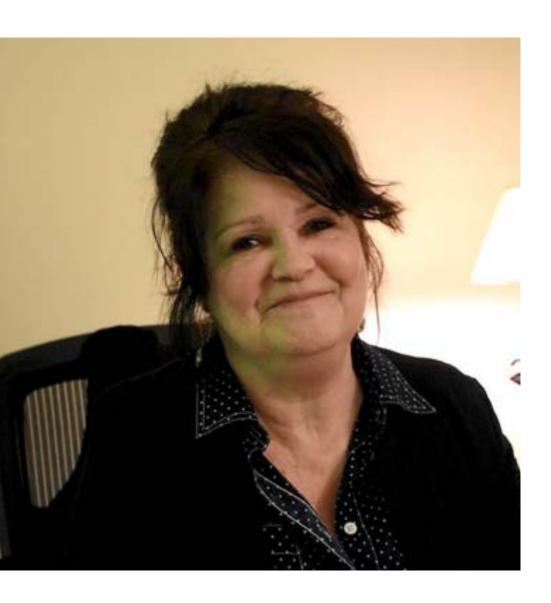
More than a mentoring program, Next STEPS is a fixture in the Brownsville community



The Next STEPS-Brownsville program provides mentorship and support to Brownsville youth through a cognitive therapy-based curriculum designed to help change negative mindsets and behavior. Over the last three years however, Next STEPS-Brownsville has become more than just a mentoring program... we are a fixture in the Brownsville community. Our staff have developed positive working relationships with law enforcement, tenant associations and families seeking services. We plan to continue the momentum of our work and engagement in this community and beyond. 27 Brownsville youth have successfully completed the program while over 50 have been served in total.



Success Story: Betty



Betty and her husband were enjoying their retirement in Puerto Rico when the worst happened, Hurricane Maria devastated the island in September 2017.

"Nobody could prepare for that, it's impossible."

-Betty

Betty was referred to RiseBoro's Puerto Rican Evacuee Assistance (PREA) program in the Empowerment division, where she received housing assistance. While Betty and her husband re-establish a life in New York outside of their retirement, they will now have the stability of a home in a supportive community.

"Nothing is impossible but everything takes work. Things don't just fall from the sky. If I got things for free I don't think I'll appreciate them," said Betty.

RB Health

By The Numbers



929

homecare clients served



1,082

home health aides



65%

of health talk attendees said they would avoid hospitals as a result of information

RB Health provides homecare services and wellness programs, such as nutrition education and health screenings that are instrumental to building a thriving community.

Wellness Rising Program Demonstrates Results



Wellness Rising was a new program funded for one-year through a DSRIP grant. For this program, a team of three Community Health Workers (CHWs), a nurse and an administrator were hired. We enrolled 150 people, mainly from Woodhull Hospital, who had one or more of these chronic health problems: hypertension, diabetes, and/or obesity. Our program offered clinical interventions, (health talks, health referrals, one-on-one nurse consultations), nutritional interventions, (subsidized farm share boxes, cooking classes), and lifestyle interventions, (CHW consultations, exercise classes). And we got results.

Outcomes: There were a number of statistically significant findings from our program.

- 10% reduction in people who drank a sugar-sweetened beverage more than once per day
- 11% reduction in eating cooked food from a bodega more than once per week
- At study end, 19% fewer members ranked their health as fair, with 18% reporting an improved health status, (good or very good)
- At study end, 15% more members reported that they knew which foods are healthy.



Success Stories



"I'm so grateful that we have this wonderful space to share and learn. I have learned so much and my students too. We are more conscious about what we eat and what we put back on the earth. I think the garden is a place that inspires us, the community, to be more in touch with the part we play in the ecosystem. I love our community farm!!!"

-Sylmarie Quinones, Food Justice program

"Yes, I have benefitted, I have diabetes, type two diabetes, and since I have changed the way that I eat, it's helped in that my A1C has gone down." —Participant, Wellness Rising program

"They are very attentive, very collaborative, they're always on top of us." —Participant, Wellness Rising program

"The garden makes me feel free and alive."
—Isabelle Morales, 9 years old.

RB Housing

By The Numbers



\$3,417,293

new and expanded service funding awarded



new units in construction



5,000

units in pre-development



visits and calls with our senior residents

RB Housing is a leader in affordable housing development, property management and supportive services with a focus on economic, social and environmental sustainability.

Casa Pasiva **Retrofitting Completed**



Solar Ready

60% reduced fossil fuels

Up to 80% reduction in energy use

Controlled and filtered air ventilation

Casa Pasiva is an 8 building preservation project through which RB is retrofitting existing buildings, with tenants in place, to the Passive House Standard. It's the 1st project of its kind in NYS. In conjunction with this project, RB won over \$1MM RetroFitNY grant through NYSERDA. We are also partnering with the Massachusetts Institute of Technology to study Indoor Air Quality from current conditions through renovation.

RB Housing

Success Story



The social service team worked very closely with a 78 year old tenant, who lost all of her identification when she misplaced her handbag. That identification was critical to her financial stability, but there were a lot of roadblocks in getting it replaced. RiseBoro was by her side the whole way.

Once the tenant filed a police report, she visited RiseBoro's social service office for assistance in replacing her documentation. What followed was a series of required forms, approvals and meetings that she needed assistance with. Some of the identification cards were easily replaced, such as her Medicaid and SNAP benefit ID card. Others had more requirements and steps. There were fee waivers to be filed, and follow up requests from the US Citizenship and Immigration Services (USCIS) for additional documentation.

After many months of uncertainty and extensive advocacy by the social services team, the tenant obtained her replacement permanent resident card, allowing her to re-apply for SSI benefits, thereby increasing her income and resources. Throughout the process the tenant received advocacy, guidance, monitoring, and intensive case management to complete the process. Staff continue to work with the tenant, as with all tenants, to ensure she is successful in maintaining her ongoing financial stability.

RB Seniors

By The Numbers



5,919

senior center and club annual memberships



2,050

daily meals delivered through MOW



trips with transportation services for 135 clients



seniors participated in education and recreation classes



1,365

hours of friendly visits

RB Seniors is a comprehensive program of senior services offering nutritious meals, arts, education and recreation and many opportunities for socialization.

SAIL Program Excels as it Enters Third Year



SAIL, Staying Active and Independent for Life, is one of many ground breaking programs to hit senior centers. As an evidence-based program, SAIL has been researched and proven effective for many older adult settings across the country. The program combines 12 weeks of physical activity and health education. Instructors are trained to provide health tips while engaging older adults through music and lively exercise routines. The program also focuses on in increasing muscle flexibility, strength, and balance. SAIL has been a great addition to the Diana Jones Innovative Senior Center and we have expanded the program to additional senior centers.



Success Story: Rena



"Senior Citizens need lots of programs to get seniors out of the house and to get them more active. This way they live longer, they have a better life. I believe. That's my belief."

Rena from the Diana H. Jones Senior Center

"Once I was walking with a cane, and I came and I started, instead of going to the computer classes and the art classes I started going to the exercise classes. And eventually I put down that cane. That cane has been hanging on the door now for over a year. And when I don't come and take a lot of exercises I can feel more pain. So it's very beneficial. And also, you come here and you meet people from different places. You sit down and you have discussions, you listen to what life was for them, and their culture. It's a very good thing to have senior citizen centers. Cause this way you take the seniors out of their house, and they're not home sleeping and not getting a lot of exercise and not socializing. You come here, there's a lot of socializing at the centers."



Beyond the Program: The Entire Organization Supporting Our Mission

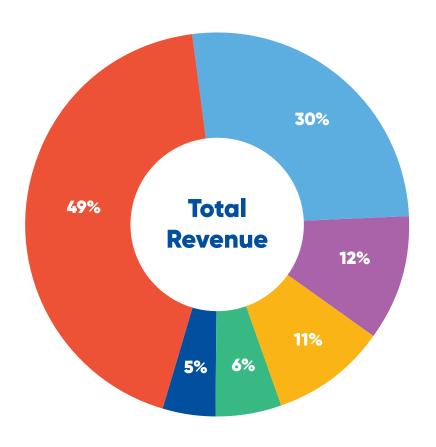


- Human Resources:
 Recruiting and retaining talent and building a positive organizational culture
- Finance & Accounting:
 Diligence, excellence and integrity in ensuring funds are accounted for and optimized
- Information & Technology:
 Creating and managing technology
 platforms that help staff to be productive
 and effective
- Legal/Compliance/
 Risk Management:
 Leading the charge to ensure all
 business requirements are evaluated and
 proactively managed

Community Affairs

- Marketing:
 Building brand awareness through various channels
- Community Engagement:
 Building community partnerships to enhance engagement
- Development:Fundraising to support the mission
- Strategic Initiatives:
 Incubating and developing the next mission-driving programs

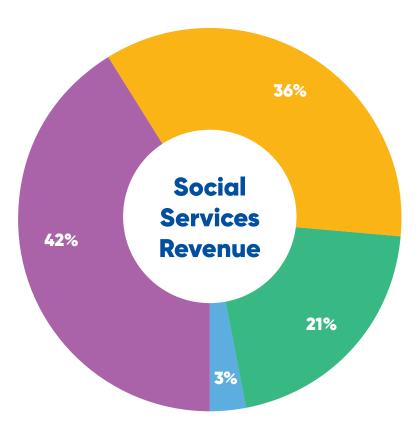
RB FINANCIALS



RiseBoro Total Revenue

Total \$103,889,239

Health	49%
Housing	30%
Seniors	12%
Empowerment	11%
Education	6%
Admin	5%



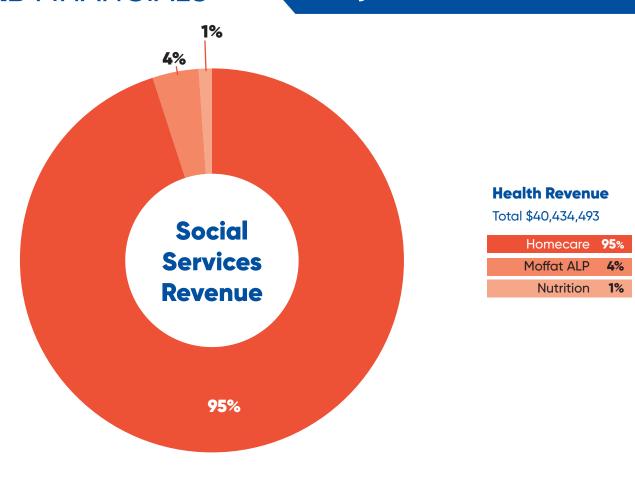
Social Services Revenue

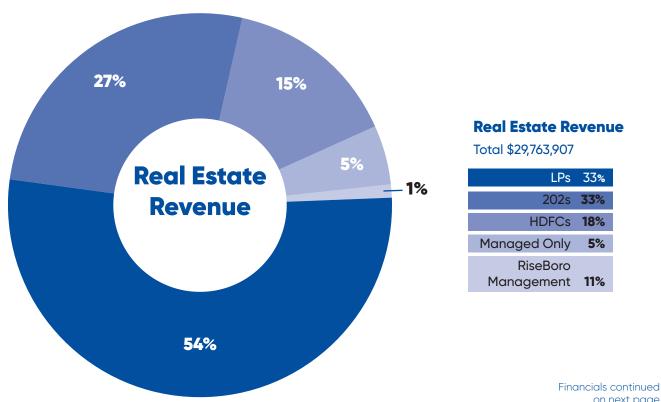
Total \$29,401,746

Seniors	42%
Empowerment	36%
Education	21%
Housing	3%

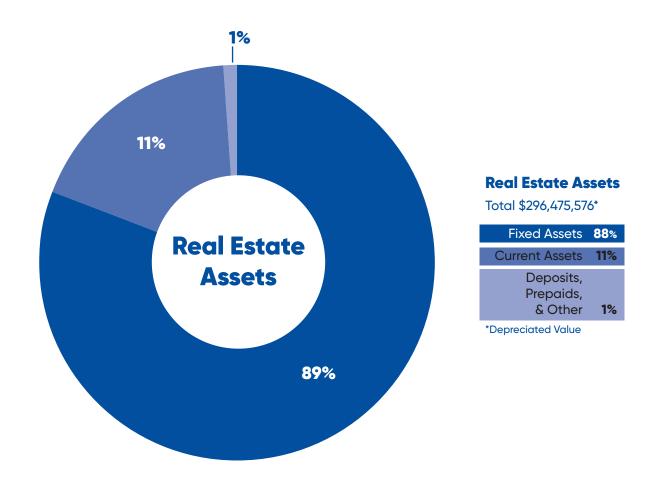
RB FINANCIALS

July 1, 2018-June 30, 2019





RB FINANCIALS



Real Estate Assets

Total \$296,475,576*

LPs	\$176,111,094
202s	\$ 56,060,604
HDFCs	\$ 46,522,050
Managed Only	\$ 14,863,206
RiseBoro Management	\$ 2,918,622

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